

AFLCA

Nourish Move Thrive Resources Order Form



Name: _____

Address: _____

City: _____ **Prov.:** _____ **Postal Code:** _____

Phone Number: _____ **Email:** _____

Resources

Quantity Requested

- ◇ Healthy Eating postcards _____
- ◇ Your Best Breakfast Booklets _____
- ◇ Grocery Lists _____
- ◇ Weekly Meal Planners _____

***Resources are free; however, shipping charges do apply or they can be picked up from the AFLCA office.**
Shipping is based on quantity ordered and weight. Orders required in multiples of 25. Minimum order of 25 copies.

Payment for shipping: _____ or _____ Order pick-up

_____ Visa / _____ Mastercard

Credit Card Number: _____ Expiry Date: _____

Name on card: _____

Signature: _____

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