



# Certified Fitness Trainer Registration Checklist

The information below will be reflected in all AFLCA documents and files.  
(Please print clearly and include all information.)

NAME: \_\_\_\_\_  
 Email: \_\_\_\_\_ Ph # \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_  
 Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Website: \_\_\_\_\_

Please note the list of requirements to complete your CFT certification package:

- \_\_\_ **CPR Level C -or- HCP** = photocopy of current training (**must be within 1 year of date of issue, regardless of expiry date detailed by original CPR/1<sup>st</sup> Aid issuing agency**)
- \_\_\_ **Standard First Aid Training** = photocopy of current training (must be current based on issuing agency's expiration date)
- \_\_\_ **Exam results letters** (photocopies) = **ALL** of the required documents **MUST** be provided within this package
  - AFLCA Exercise Theory exam results letter
  - Certified Fitness Trainer Theory exam results letter
  - Certified Fitness Trainer Practical exam results letter
- \_\_\_ **Payment of \$145.00** for \$2 million comprehensive liability insurance coverage
- OR--
- \_\_\_ **Payment of \$215.00** for \$5 million comprehensive liability insurance

VISA       Mastercard       Personal Cheque       Money Order

CREDIT CARD #: \_\_\_\_\_ Expiry Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name on Credit Card: \_\_\_\_\_ Signature: \_\_\_\_\_

*\*Personal cheque and/or Money Orders should be made payable to: **AFLCA**\**

**Please note that the AFLCA will return all incomplete/partial certification packages – PLEASE make certain that ALL of the requirements as detailed above are included.**

**MAILING ADDRESS =**

Provincial Fitness Unit  
 Faculty of Kinesiology, Sport, and Recreation  
 University of Alberta  
 Edmonton, AB  
 T6G 2H9

**WALK IN ADDRESS =**

Provincial Fitness Unit  
 Percy Page Centre  
 11759 Groat Road, 3<sup>rd</sup> Floor  
 Edmonton, AB  
 T5M 3K6  
*Office hours vary, please call ahead*

**PH:** 780.492.4435

**FAX:** 780.455.2264

[www.provincialfitnessunit.ca](http://www.provincialfitnessunit.ca)