



## RESISTANCE TRAINING SPECIALTY LEADER CERTIFICATION REGISTRATION

The information below will be reflected in all AFLCA documents, files and communication – print clearly.  
Please allow 4-6 weeks for processing.

NAME (displayed on certificate): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ PROVINCE: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

PHONE (HOME): \_\_\_\_\_ (WORK): \_\_\_\_\_

EMAIL: \_\_\_\_\_

**Please include all items on the checklist, the AFLCA will return all incomplete applications:**

\_\_\_\_ A signed Practical Assessment attesting to the completion of the practical assessment requirements (this needs to be completed by an AFLCA Trainer or Assistant Trainer, for the Trainer/Assistant Trainer list and practical assessment forms visit our website: [www.provincialfitnessunit.ca](http://www.provincialfitnessunit.ca))

\_\_\_\_ Photocopy of C.P.R. certification (current within 1 year from the date of issue)

\_\_\_\_ Certification Fees: \$140.00 (\$25 for an additional specialty, Exercise theory is not a specialty)

\_\_\_\_ Exam results (office will verify these results, please provide correct information):

\_\_\_\_% Exercise Theory Exam Result    \_\_\_\_% Resistance Training Specialty Exam Result

AFLCA Certification fee: \$140.00     AFLCA Additional Specialty fee: \$25.00

**TOTAL AMOUNT:** \_\_\_\_\_

VISA       MasterCard       Cheque/Money Order (made payable to: AFLCA)

Credit Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_/\_\_\_\_ Name of cardholder: \_\_\_\_\_

Signature: \_\_\_\_\_