



## Group Exercise Leader Certification Registration

The information below will be reflected in all AFLCA documents and files.  
(Please print and include all information)

NAME (displayed on certificate): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ PROVINCE \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

PHONE: (HOME) \_\_\_\_\_ (WORK) \_\_\_\_\_

EMAIL: \_\_\_\_\_

**Please note that the AFLCA will return partial applications - you must send all of the information in the checklist below!**

\_\_\_\_\_ The signed practical assessment for one designation area completed by an **AFLCA Trainer**. For additional designations a second practical assessment is not required. \* **You will need to download the practical assessment forms from our website: [www.provincialfitnessunit.ca](http://www.provincialfitnessunit.ca)**

\_\_\_\_\_ A signed designation course completion and self assessment form in either step, choreography, cycling, portable equipment, or mind/body. (Completed by participant)

\_\_\_\_\_ A signed designation course completion and participant assessment form. (Completed by Trainer/Facilitator)

\_\_\_\_\_ Photocopy of exam cover sheet(s), both exercise theory and group exercise fundamentals, which indicate when and where you wrote your exam(s).

\_\_\_\_\_ Photocopy of C.P.R. (Heartsaver A or CPR level A) certification (**CPR must updated within 1 year**). (If you obtained your CPR during a First Aid course it will expire one year from the date of issue)

\_\_\_\_\_ Initial Certification Fees: \$75.00 (\$25.00 for each additional specialty) \*Exercise Theory and Designations are not specialties

You will become an AFLCA Group Exercise Leader upon successful completion and submission of all of the above requirements. Expect at least four weeks after the submission of these requirements for delivery of your certificate.

**Office Use:**

Date \_\_\_\_\_

Documents Processed: \_\_\_\_\_

**Please 4 - 6 weeks for processing from the time that our office receives this application.**