



CSEP Resource Order Form

Alberta CSEP has resources to aid students/candidates in successfully completing the Certified Personal Trainer (CPT) and Certified Exercise Physiologist (CEP) Exams.

The CPAFLA - Canadian Physical Activity, Fitness & Lifestyle Approach - binder is required material for both CSEP certifications and contains all required appraisal (fitness testing and measurements) and counselling strategies.

The CPT study manual has practice questions and samples of practical exam scenarios, among other helpful tools.

The CEP Certification Guide contains the core competencies and practice questions along with practical scenarios and checklists.

Please enter the quantity of each resource you would like to order. All costs include gst and standard shipping. Courier requests will be assessed an extra fee.

QUANTITY	RESOURCE	COST
	CPAFLA binder	\$ 80.00
	CPT Study Guide	\$ 40.00
	CEP Guide	\$ 57.75
	TOTAL	\$

Payment methods accepted: personal cheques, money orders, MasterCard or VISA

Please make ALL cheques payable to: Provincial Fitness Unit - CSEP

Name: _____ Date: _____
(PLEASE PRINT)

Address: _____

City: _____ Province: _____ Postal Code: _____

Email: _____ Phone #: _____

Card Number: _____ Expiry _____ / _____

Signature: _____ Date: _____

You can Fax or Mail your form in to the information below.

Mailing Address:
 CSEP - Provincial Fitness Unit
 Faculty of Physical Ed & Rec
 University of Alberta
 Edmonton, Alberta T6G 2H9

Fax:
 (780) 455-2264