

CSEP CPT Prerequisite Course List

** Diploma and degree courses required **

Course Prerequisites	University of Alberta	University of Calgary	University of Lethbridge	Lethbridge College	Red Deer College	Grant MacEwan	Northern Alberta Institute of Technology (NAIT)	Grande Prairie Regional College
Anatomy	PEDS 100	KNES 261 or KNES 259 and 260	KNES 2600	BIO 160	KNSS 200	PEDS 100	Successful completion of Personal Fitness Trainers Program Diploma	Successful completion of Fitness Leadership Personal Trainer Specialization Diploma
Human Physiology (I & II)	PEDS 101 & 103	ZOOL 361 and 363 or KNES 259 and 260 and 323	KNES 2610	BIO 161	PSIO 258 & PSIO 259	PEDS 101 & 103		
Exercise Physiology, Health and Performance	PEDS 200	KNES 203 or KNES 373 and 473	KNES 3610	PEDS 262	KNSS 202	PEDS 200		
Wellness, Health Promotion & Human Behaviour	HE ED 321 or PEDS 303	KNES 253 or KNES 250	KNES 3780 or KNES 3680	PEDS 159 & PEDS 160	KNSS 210	University of Alberta Transfer		
Tests and Measurements	HE ED 311	KNES 375 or KNES 479	KNES 4610	PEDS 259 & PEDS 267	KNSS 209	University of Alberta Transfer		

For confirmation of coursework please forward your transcripts to:

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